



Helen Aberger

DIRECTING

Princess Ida (Gilbert & Sullivan) June 2019

Victorian Lyric Opera Company

La Bohème (Puccini) Sept 2018

Semi-Staged with Fairfax Symphony Orchestra

Die Zauberflöte (Mozart) Nov 2017

Bel Cantanti Opera Company

Eugene Onegin (Tchaikovsky) Oct 2017

Bel Cantanti Opera Company

Death by Poinsettia (Yancey) Aug 2017

Silver Spring Stage

The Mikado (Gilbert & Sullivan) June 2017

Victorian Lyric Opera Company

La Traviata: Act I (Verdi) Jan 2017

Studio Theatre Conservatory

Do Not Disturb (Pflueger & Fuentes) June 2016

Forgotten Opera Company

Ruddigore (Gilbert & Sullivan) June 2015

Victorian Lyric Opera Company

INTIMACY CHOREOGRAPHY

Disgraced (Akhtar) Nov 2021

Directed by Bill Hurlbut

Peace Mountain Theater Company

A Christmas Story (Grecian/Shepherd) Dec 2021

Directed by Fred Zirm

Silver Spring Stage

Ada and the Engine (Gunderson) Jan 2021

Directed by Jon Jon Johnson

Silver Spring Stage

PERSONAL PROFILE

DC-area stage director and intimacy choreographer. I specialize in opera and love working with community groups.

EDUCATION/TRAINING

INTIMACY DIRECTORS & COORDINATORS

Level II Foundations Training with Sasha Smith, Alicia Rodis, and Claire Warden

Six-week, online, April-May 2021

INTIMACY DIRECTORS INTERNATIONAL

Level I "Intimacy For The Stage" Workshop with Tonia Sina and Claire Warden

Three-day, Bethesda, MD, July 2019

OPERANEO FESTIVAL & WORKSHOP

San Diego, CA, July-August 2018

STUDIO THEATRE DIRECTING

Directing with Joy Zinoman

Washington, DC, Sep 2016 – Jan 2017

UNIVERSITY OF MIAMI - Frost School of Music

Bachelor of Arts in Music [oboe], Minor in English
Coral Gables, FL, May 2009

ASSISTANT DIRECTING

The Gondoliers (Gilbert & Sullivan) Feb 2019

Directed by Kate Huntress-Reeve

Victorian Lyric Opera Company

Idomeneo (Mozart) Aug 2018

Directed by Peter Kozma

OperaNeo Festival & Workshop

H.M.S. Pinafore (Gilbert & Sullivan) June 2016

Directed by Kate Huntress-Reeve

Victorian Lyric Opera Company

The Cripple of Inishmaan (McDonagh) Oct 2015

Directed by Robert McNamara

Scena Theatre

Pirates of Penzance (Gilbert & Sullivan) June 2014

Directed by Felicity Ann Brown

Victorian Lyric Opera Company