



Helen Aberger

PERSONAL PROFILE

DC-area stage director and intimacy choreographer. Specialize in opera, but am equally comfortable in theatre and musical theatre. Love working with community groups.

DIRECTING

Princess Ida (Gilbert & Sullivan) June 2019

Victorian Lyric Opera Company

La Bohème (Puccini) Sept 2018

Semi-Staged with Fairfax Symphony Orchestra

Die Zauberflöte (Mozart) Nov 2017

Bel Cantanti Opera Company

Eugene Onegin (Tchaikovsky) Oct 2017

Bel Cantanti Opera Company

Death by Poinsettia (Yancey) Aug 2017

Silver Spring Stage

The Mikado (Gilbert & Sullivan) June 2017

Victorian Lyric Opera Company

La Traviata: Act I (Verdi) Jan 2017

Studio Theatre Conservatory

Do Not Disturb (Pflueger & Fuentes) June 2016

Forgotten Opera Company

Ruddigore (Gilbert & Sullivan) June 2015

Victorian Lyric Opera Company

INTIMACY CHOREOGRAPHY

Bright Star (Martin/Brickell) June 2022

Directed by Jerry Vess
Annapolis Summer Garden Theatre

Shakespeare In Love (Hall) May 2022

Directed by Bruce Hirsch
Kentlands Community Players

Footloose (Pitchford/Bobbie) Apr 2022

Directed by Laura Rosberg
Georgetown Day School

Back of the Throat (El Guindi) Mar 2022

Directed by Nicholas Bashour
Silver Spring Stage

Disgraced (Akhtar) Nov 2021

Directed by Bill Hurlbut
Peace Mountain Theater Company

A Christmas Story (Grecian/Shepherd) Dec 2021

Directed by Fred Zirm
Silver Spring Stage

Ada and the Engine (Gunderson) Jan 2021

Directed by Jon Jon Johnson
Silver Spring Stage

EDUCATION & TRAINING

INTIMACY DIRECTORS & COORDINATORS

Level II Foundations Training with Sasha Smith, Alicia Rodis, and Claire Warden

Six-week, online, April-May 2021

THEATRICAL INTIMACY EDUCATION

Best Practices with Chelsea Pace (2020)

Staging Outercourse with Chelsea Pace (2022)

Working With Minors with Kim Shively (2022)

INTIMACY DIRECTORS INTERNATIONAL

Level I "Intimacy For The Stage" Workshop with Tonia Sina and Claire Warden

Three-day, Bethesda, MD, July 2019

OPERANEO FESTIVAL & WORKSHOP

San Diego, CA, July-August 2018

STUDIO THEATRE DIRECTING

Directing with Joy Zinoman

Washington, DC, Sep 2016 – Jan 2017

UNIVERSITY OF MIAMI - Frost School of Music

Bachelor of Arts in Music [oboe], Minor in English Coral Gables, FL, May 2009

ASSISTANT DIRECTING

The Gondoliers (Gilbert & Sullivan) Feb 2019

Directed by Kate Huntress-Reeve
Victorian Lyric Opera Company

Idomeneo (Mozart) Aug 2018

Directed by Peter Kozma
OperaNeo Festival & Workshop

H.M.S. Pinafore (Gilbert & Sullivan) June 2016

Directed by Kate Huntress-Reeve
Victorian Lyric Opera Company

The Cripple of Inishmaan (McDonagh) Oct 2015

Directed by Robert McNamara
Scena Theatre

Pirates of Penzance (Gilbert & Sullivan) June 2014

Directed by Felicity Ann Brown
Victorian Lyric Opera Company